



# SMOKE-FREE WORKPLACES

Today, with the growing awareness of the danger of secondhand smoke, more workers are being protected by **legislation and policies banning smoking at work.**



## SMOKING IN THE WORKPLACE

**Raises operational costs and reduces productivity** by negatively impacting the health of workers

Has a direct impact on non-smokers and **exposes them to secondhand smoke**

Increases workplace **cleaning and maintenance costs**

Increases the **risk of fire** and accidental injuries

The CDC estimates that **each employee who smokes costs an extra \$1,760 per year** in lost productivity.

## BENEFITS OF SMOKE-FREE WORKPLACES

According to the WHO, seven out of ten smokers want to quit and admit that **a smoke-free workplace would provide a supportive environment for employees trying to quit.**



As a considerable percentage of the population spend most of their time at work, the workplace can be used to **inform and educate workers** about the dangers of environmental tobacco smoke.

A smoke-free workplace can be the first step in a series of wellness initiatives geared towards creating a **happier, healthier, more productive workplace culture.**

Smoke-free environments help **de-normalize the act of smoking** and provide an environment conducive for smokers to kick the habit.

Middle-aged adults who work in a smoke-free workplace have a **lower risk of diseases such as heart attack, heart failure, and stroke**, when compared to their counterparts working in environments that allow smoking.



## WHAT EMPLOYERS SHOULD DO

Employers can **reduce absenteeism** by enacting a smoke-free workplace policy.

In Nevada, businesses or venues that are excluded from the Nevada Clean Indoor Air Act may implement **voluntary policies to prohibit the use of e-cigarettes or vaping products.**

In Nevada, businesses or venues can **implement minimum distance policies** to limit secondhand smoke exposure outside of their businesses.