

SOUTHERN NEVADA HEALTH DISTRICT TOBACCO CONTROL PROGRAM

HIGHER EDUCATION

Because 99% of smokers start smoking before the age of 26,

preventing tobacco use and exposure among college students is especially important.

In Nevada, the University of Nevada, Las Vegas and the University of Nevada, Reno have adopted comprehensive smoke-free policies.



As of 2023, **2,613 higher education** campuses in the U.S. are smoke-free.

- 2,193 are 100% tobacco-free
- 2,284 prohibit e-cigarette use

Smoke and tobacco-free policies on campus:

- Reduce cigarette litter and the risk of fire
 - Cut maintenance costs
 - Reduce smoking rates and **change attitudes** toward tobacco use, making it **easier for smokers to quit**.
 - Eliminate secondhand smoke exposure

The American College Health Association encourages colleges and universities to achieve a 100% indoor and outdoor campus-wide tobacco-free environment.

In a recent study,

81.5% of college students agreed colleges have a responsibility to ensure smoke-free air to breathe.

62.4% agreed colleges have a responsibility to adopt **tobacco-free policies** that reduce the risk of tobacco addiction.

Most young adults attending college do not smoke.

In 2022, **15.6%** of young adults attending college **reported smoking** in the past 12 months.

26.4% of young adults attending college **reported vaping** in the past 12 months.



Smoking rates decrease with higher education attainment.

In 2021, About **16 of every 100 adults with some college** (no degree) smoked cigarettes.

About **14 out of every 100 adults with an associate degree** smoked cigarettes.

About **5 of every 100 adults with an undergraduate degree** smoked cigarettes.

About **3 of every 100 adults with a graduate degree** smoke cigarettes.

Data sources: American Nonsmokers' Rights Foundation, According to J Community Health Article (Do, E. K., Fallavollita, W. L., Bonat, B., Fugate-Laus, K., Rossi, B. C., & Fuemmeler, B. F. (2020), Truth Initiative, Centers for Disease Control and Prevention



