



Partners for a Healthy Nevada (PHN) Policy and Advocacy Priorities

Obesity is significant public health issue. PHN members believe that every person should have a fair and just opportunity to be healthy. Obesity should not be stigmatized simply as the result of personal choices, but as a complex, multi-factorial, chronic disease. We support efforts to help children and adults achieve and maintain health at any size. We seek to work collaboratively to create equitable environments that support healthy eating, physical activity, and the expansion of evidence-based obesity prevention and treatment.

Specifically, PHN supports the following:

- ❖ Strengthening school wellness policies to increase access to healthy foods, limit or restrict access to unhealthy foods, and increase opportunities for physical activity.
- ❖ Making school meals free for all students.
- ❖ Increasing the quality, frequency, and duration of physical education classes and integrating opportunities for physical activity through the school day.
- ❖ Increasing accessibility of healthier food and beverage choices (including water) at schools, restaurants, vending, concessions, and other locations.
- ❖ Improving the availability of healthy foods and beverages and physical activity opportunities in community settings including childcare facilities, afterschool settings, worksites, health care facilities, food pantries, and places of faith.
- ❖ Expanding availability of evidence-based healthy weight management programs and treatments as covered benefits of insurance and health plans.
- ❖ Obesity surveillance efforts to monitor obesity and use data to direct resources to communities at greatest risk.
- ❖ Dedication of sustainable funding to support obesity prevention and treatment efforts statewide.
- ❖ Nutrition incentive programs that make healthy foods, particularly fruits and vegetables, more affordable and accessible.
- ❖ Healthy community design approaches to increase opportunities for physical activity, active transit, and make physical activity safe and accessible for all.