



Partners for a Healthy Nevada Advocacy Priorities

Obesity is a significant public health issue. If we are to be successful at reducing obesity and overweight in our community, we must work together to create environments that support healthy eating and physical activity. Specifically, PHN supports the following:

- 1. Strengthening local and statewide school wellness policies and regulations to increase access to healthy foods; limit or restrict access to unhealthy foods and increase opportunities for physical activity at school.*
- 2. Increasing the quality, frequency, and duration of physical education classes in schools and supporting opportunities for physical activity throughout the school day and during before and after school hours.*
- 3. Comprehensive approaches to modify the built environment through transportation system interventions, land use decisions and environmental design to ensure that it is safe and convenient to walk, bike and use public and active transportation; ensuring that the health of the community is considered in transportation and community development and planning decisions and that the community is engaged in those decisions.*
- 4. Expanding opportunities for healthy eating, breastfeeding, and physical activity through programs, policies and built environment and systems changes.*
- 5. Increasing accessibility and availability of healthier food and beverage choices in public, community and educational settings and other places where people live, learn, work, worship and play.*
- 6. Improving the availability of physical activity opportunities in public, community and educational settings and other places where people live, learn, work, worship and play.*
- 7. Supporting strategies to make healthy foods, particularly fruits and vegetables, more affordable and accessible to low-income families and individuals.*
- 8. Providing culturally and linguistically appropriate education, outreach and engagement in communities at higher risk of developing obesity.*
- 9. Obesity surveillance efforts to monitor obesity and provide data to better direct resources to communities at highest risk.*
- 10. Dedication of sustainable, state funding to support obesity prevention efforts.*