

Diabetes Self Management Classes

Dignity Health/St. Rose Dominican Hospital

Free diabetes and chronic disease self-management programs are available in English and Spanish. Stanford curriculum, 6 sessions each.

▶ (702) 616-4975 or www.dignityhealth.org/las-vegas

DOLCRX Pharmacy/Wellness Center

801 S. Rancho Dr., Ste. A4 • Las Vegas, NV 89106

▶ (702) 436-5279 or www.dolcrx.com

Nevada Diabetes Association

NDA's statewide diabetes resource directory includes kids camps, support groups, classes, and resources.

▶ 1-800-379-3839 or www.diabetesnv.org

Nevada Division of Public and Behavioral Health

▶ www.nevadawellness.org

NevadaQTAC

▶ www.nvhealthyliving.org

Please call first to ask about class costs, schedules and requirements because information may change.



Diabetes Prevention Classes

Dignity Health Diabetes Prevention Program

▶ (702) 616-4914 or www.dignityhealth.org/las-vegas

Las Vegas YMCA Diabetes Prevention Program

▶ (702) 476-6747 or www.lasvegasyymca.org

Nevada Division of Public and Behavioral Health

▶ www.nevadawellness.org



The Road to Diabetes Prevention Program

Developed by the Southern Nevada Health District.

Participate for FREE, online at your own pace.

▶ www.gethealthyclarkcounty.org/dpp

Please call first to ask about program cost, schedule and information.



Low Cost Clinics



Alliance Against Diabetes Clinic

3930 E. Patrick Ln. • Las Vegas, NV 89120

▶ (702) 207-0400 or www.aadnv.org

First Person Care Clinic

▶ (702) 380-8118 or www.firstpersoncc.org

- 1200 S. 4th St., Ste. 111 • Las Vegas, NV 89104
- 200 E. Horizon Dr., Ste. A-B • Henderson, NV 89015

FirstMed Health & Wellness Centers

▶ (702) 731-0909 or www.fmhwc.org

- 3343 S. Eastern Ave. • Las Vegas, NV 89169
- 400 Shadow Ln., Ste. 104 • Las Vegas, NV 89106
- 3940 N. Martin Luther King Blvd., Ste. 105B • North Las Vegas, NV 89032

Hope Christian Health Clinic

▶ (702) 644-4673 (HOPE) or view eligibility at www.hopehealthvegas.org

- 4357 Corporate Center Dr., Ste. 450 • North Las Vegas, NV 89030
- 4040 N. Martin Luther King Blvd., Ste. A • North Las Vegas, NV 89032

Nevada Health Centers

▶ 1-800-787-2568 or www.nvhealthcenters.org

- Cambridge: 3900 Cambridge, Ste. 102 • Las Vegas, NV 89119
- Eastern Dental and Medicine: 2212 S. Eastern Ave. • Las Vegas, NV 89104 • For dental appt., call (702) 597-3898
- Martin Luther King: 1799 Mt. Mariah Dr. • Las Vegas, NV 89106
- North Las Vegas: 2225 Civic Center Dr., Ste. 224 • North Las Vegas, NV 89030

Volunteers in Medicine of Southern Nevada

Free clinics. Must call to set appointment. No walk-ins.

▶ (702) 644-4673 or view eligibility at www.vmsn.org

- *Paradise Park Clinic*: 4770 Harrison Dr., Ste. 200 • Las Vegas, NV 89121
- *Ruffin Family Clinic*: 1240 N. Martin Luther King Blvd. • Las Vegas, NV 89106



Please call first to determine eligibility.