



Partners for a Healthy Nevada Advocacy Priorities

Obesity is a significant public health issue. If we are to be successful at reducing obesity and overweight in our community, we must work together to create environments that support healthy eating and physical activity. Specifically, PHN supports the following:

1. Strengthening state and local school wellness policies to increase access to and provision of healthy foods and beverages and opportunities for physical activity.
2. Increasing the quality, frequency, and duration of physical education classes in schools and integrating opportunities for physical activity throughout the school day and during before and after school programs.
3. Sustaining and expanding obesity surveillance efforts (BMI) to identify and monitor childhood obesity and to help direct resource allocation to areas of highest need.
4. Expansion of educational efforts, systems and policies to increase access to healthy foods and opportunities for physical activity. (Examples include healthy vending policies, healthy food procurement policies, breastfeeding policies, physical activity/healthy food policies in worksites, churches, children's programs, and child care centers, etc.)
5. Expansion of educational efforts, systems, and policies to make healthy foods more affordable and accessible. (Examples include farmers' markets that accept SNAP benefits, expansion of community and school gardens, and incentives for grocery stores to open in identified food deserts, etc.)
6. Expansion of policies and practices that improve the physical activity and food and beverage environment. (Examples include expansion and support of complete streets, joint use agreements, active transport, safe routes to schools programs, and or building/development policies and plans that encourage public transit and access to healthy foods, etc.)