Discuss Your Risks for Prostate Cancer with Your Physician today!

African American men have the highest prostate cancer rates and are twice as likely to die from it. Early detection dramatically impacts curability!

Each year, 30,000 men die from prostate cancer and a disproportionate number are African American.

Are you at risk? Yes, if you

- have a diet high in fat,
- are age 50 or older, or
- are African American.

How Can I Prevent Prostate Cancer? Lower your risk by adding fruits and vegetables to your diet, increasing your physical activity and maintaining a healthy weight.

For more information contact Education for Quality Living

www.eqltoday.com  702-900-6496