

Don't Lose Sight of Diabetic Eye Disease

From Your Eye Doctor



Our records say that you last had a diabetes eye exam on _____. This special eye exam once a year can help prevent blindness.

The American Diabetes Association and iDo suggest that people with diabetes get this eye exam by an eye doctor each year.

Call us today at _____ to make an appointment.

We care about your health!

The staff at _____.

Ask Your Doctor or Nurse: "Am I Due for ...?"

- ☐ Review blood sugar log (each visit)
- ☐ Blood pressure check (each visit)
- ☐ A1C (blood sugar) lab test (every 3 to 6 months)
- ☐ Dental exam (every 6 months)
- ☐ Cholesterol test (yearly)
- ☐ Urine protein test (yearly)
- ☐ Complete foot exam (yearly)
- ☐ Eye exam (yearly)
- ☐ Teaching on healthy eating habits (every 1 to 2 years)
- ☐ Teaching on diabetes self-care (every 1 to 2 years)
- ☐ Flu shot (yearly)
- ☐ Pneumonia shot (every 5 years, may need booster)

Bring this sheet to every doctor visit!

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